

Curriculum Vitae

Professor Wasim Hanif MBBS, MD, FRCP

Professor of Diabetes & Endocrinology
Consultant Physician
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Professional Qualifications:

CCST General Medicine - Diabetes & Endocrinology	-	Dec 03
FRCP	-	Mar 2008
MD - University of Birmingham	-	Dec 2006
MRCP (UK) FIRST ATTEMPT	-	Jun 97
POST GRADUATE TRAINING, GENERAL MEDICINE University Hospital Nizam's Hyderabad India	-	Aug 93 to Jun 95
FMGEMS	-	Jan 93
USMLE	-	Sep 92
MBBS - Osmania University Hyderabad India	-	Feb 91
ICSE - Schooling St. George's Grammar School (Formerly Senior Cambridge)	-	Feb 82

Awards and Lectures:

- April 2017 Diabetes Association Republic of China Taiwan
- March 2017 International Diabetes Federation/Diabetes Ramadan Alliance Conference Dubai
- Nov 2016 Keynote Lecture Diabetes Prevention King Faisal Hospital Saudi Primary Care
Diabetes Congress Jeddah, Saudi Arabia
- Aug 2016 Recognition Award and Key Note Lecture International Diabetes & Endocrine
Conference Karachi, Pakistan
- April 2016 Diabetes Update Bahrain
- April 2016 CV outcomes Qatar
- Feb 2016 Diabetes in Ramadan BAGGIE Lecture Dubai
- Dec 2015 International Diabetes Federation Symposium Vancouver, Canada
- Oct 2015 Appreciation Award Arab Association for Study of Diabetes Cairo, Egypt
- May 2015 Winner of BMJ Award for Best Diabetes Care
- May 2015 Inaugural Professorial Lecture Birmingham University
- Dec 2014 NHS Innovation Prize and Grant for Apnee Sehat SASI Project
- May 2014 Saudi Endocrine Society Invited Lecture, Riyadh
- Aug 2013 Kesdeva Diabetes Institute Invited International Lecture, Trivandrum, India.
- Jun 2013 Pakistan Endocrine Society Conference, Karachi
- May 2013 Sudan Endocrine Conference, Khartoum
- Apr 2013 Al-Amir Diabetes Congress, Kuwait
- Oct 2012 South East Asian Diabetes Conference, Hong Kong
- Sep 2012 New Therapies in Diabetes Advance Summit, Singapore
- Mar 2012 Prevent India Non-Communicable Disease Summit, Hyderabad, India
- Apr 2011 International Summit on Non-Communicable Disease, Trodenhiem, Norway
- Apr 2008 Key-Note for Lecture Research Society for the Study of Diabetes, Hyderabad, India
- Nov 2007 3rd International Cardio-Metabolic Conference, Prague
- Mar 2006 Selected for King's Fund Leadership Programme in Diabetes
- Apr 2004 Community Services Recognition Award All Birmingham Sikh Gurdwaras Committee
- April 2002 West Midlands Physicians Associations Andrew Whitiker Prize for Research

Academic International Commitments and Appointments:

2014 to Present	Member of International Diabetes Federations Guideline Group for Managing Diabetes during Ramadan
2013 to 2014	Contributor to strategic development papers for Commonwealth to guide ministers at UN summit.
2010 to 2012	Chair Steering Committee of Living with Diabetes. An international study with members from 8 Countries UK, China, Australia, Germany, India, Saudi Arabia, UAE and Mexico.
2011 to date	Pioneer Memebr of India/UK/Norway/Australia diabetes prevention initiative and aligned research:
2000 to date	Principal Investigator and steering committee member of UKADS (United Kingdom Asian Diabetes Study).

National Committees:

2016 to date	Board Member of Centre for Endocrine Diabetes & Metabolism University of Birmingham
2015 to date	Board of Governor and Trustee Diabetes UK.
2015 to date	Board of Trustee South Asian Health Foundation
2014 to date	Member of MRHA committee on Human Medicines
2009 to date	Member of fourth independent advisory NICE Appraisal Committee on the use of health technologies in the NHS
2009 to date	Member of Parliamentary and Stakeholder Diabetes Think Tank Advising All Party Parliamentary Group on Diabetes
2007 to date	Trust Board of Directors Apnee Seath: A multiple award winning social enterprise
2004 to date	Chairman of Diabetes Working Group of South Asian heart Foundation (SAHF)
2010 to 2012	Member of Diabetes Action Group: Set-up by National Clinical Director of Diabetes as a call of action for the CCG's following the Parliamentary Accounts Committee report on Diabetes
2009 to 2014	Member of Programme Development Group of NICE on "Prevention of type 2 Diabetes and Pre-Diabetes in High Risk Group"
2008 to 2010	Member of Parliamentary Best Practice Consensus Group on Diabetes in South Asians.
2006 to 2009	Stakeholder and advisor for NICE committee's on physical activity, type 2 diabetes, new agents for treatment of type 2 diabetes and Rimonobant STA.

2006 to 2008	Member of Parliamentary Consensus Group on Diabetes
2005 to 2007	Member of Good Diabetes Care for All: Health inequalities committee of National Clinical Director of Diabetes
2003 to 2004	UK coordinator for faith based health education project run by department of health.
2003 to 2004	Kings Fund diabetes leadership programme

Local & Regional Committees:

2015 to date	Chair Pan-Birmingham Diabetes Medicines Management Advisory Group
2015 to date	Clinical Advisory Group Lead for Diabetes Institute for Translational Medicine Birmingham
2014 to date	Member, Pan-Birmingham Diabetes Clinical Network
2012 to date	Head of Service Diabetes University Hospital Birmingham
2005 to date	Chair of Hypoglycemia Guidelines Committee University Hospital Birmingham
2008 to 2012	Clinical Lead Medicine University Hospital Birmingham
2005 to 2009	Member of diabetes steering group of PCT/ UHB Trust
2004 to 2009	Member of Infection Control Committee University Hospital Birmingham
2004 to 2009	Chair of Diabetes Endocrinology Network in Midlands
2003 to 2007	Member of Birmingham Sandwell Solihull Primary Cardiac Prevention Network
2001 to 2003	Member of Specialist Training Committee of Diabetes & Endocrinology West Midlands Region, Junior doctor's representative

Research and Publications:

Toulis.K, Willis.B, Marshall.T, Kumarendran.B, Gokhale.K, Ghosh.S, Thomas.N, Cheng.K.K, Narendran.P Hanif.W, Nirantharakumar.K All-cause mortality in patients with diabetes under treatment with dapagliflozin: a population-based, open-cohort study in THIN database. **JCEM 2017** <https://doi.org/10.1210/jc.2016-3446>

Sanjoy K. Paul, Ebenezer S. Owusu Adjah, Mayukh Samanta, Kiran Patel, Srikanth Bellary, Wasim Hanif, Kamlesh Khunti Comparison of body mass index at diagnosis of diabetes in a multiethnic population: a case-control study with matched non-diabetic controls **Diabetes Obesity & Metabolism 2017 DOI: 10.1111/dom.12915**

Toulis.K, Hanif W Willis.B, Marshall.T, Kumarendran.B, Gokhale.K, Ponuswamy.S, Thomas.N, Cheng.K.K, Narendran. Nirantharakumar.K Cardiovascular events and all-cause mortality in patients with diabetes under glucagon-like peptide 1 agonists: a population-based, open cohort study. **2017 Diabetes & Metabolism Vol. 43 Issue 3 P 211-216**

Mohamed Hassanein, Monira Al-Arouj, Osama Hamdy Wan Mohamad Wan Bebakar, Abdul Jabbar, Abdulrazzaq Al-Madani, Wasim Hanif , Nader Lessan, Abdul Basit, Khaled Tayeb Mak Omar, Khalifa Abdallah, Abdulaziz Al Twaim, Mehmet Akif Buyukbese, Adel A EL-

Sayed, Abullah Ben-Nakh Diabetes and Ramadan: Practical Guidelines **Diabetes Research and Clinical Practice**(2017), doi: <http://dx.doi.org/10.1016/j.diabres.2017.03.003>

Amira Obeid, Mark Pucci, Una Martin and Wasim Hanif Sodium glucose co-transporter 2 inhibitors in patients with resistant hypertension: a case study **Journal of Royal Society of Medicine** 2016 DOI: [10.1177/2054270416649285](https://doi.org/10.1177/2054270416649285)

Sarah Ali, Melanie J Davies, Laura J Gray, Jolyon Dales, Emer M Brady, Kamlesh Khunti, Wasim Hanif. Managing Diabetes in Ramadan. **Diabetic Medicine** 2015 Article first published online : 25 FEB 2016, DOI: [10.1111/dme.13080](https://doi.org/10.1111/dme.13080)

Paramjit S Gill, Mahendra Patel, Ranjit Dhillon, Rumina Gujral, Alia Gilani, Justin Zaman, Wasim Hanif, Kiran Patel The South Asian community health education and empowerment (SACHE) in diabetes programme **Journal of Diabetes Nursing Volume 20 No 5 2016**

Kamlesh Khunti & Wasim Hanif BAME Diabetes and the role of South Asian Health Foundation **Diabetes Update 2016**

J P O'Hare, D M Jones, Wasim Hanif, Debbie Hicks, R David Leslie, SC Bain & AH Barnett The revised NICE draft guidelines for type 2 diabetes: still a long way to go. **Lancet Diabetes & Endocrine Online Published 5th Aug 2015** [http://dx.doi.org/10-1016/52213-8587\(15\)00288-0](http://dx.doi.org/10-1016/52213-8587(15)00288-0)

J P O'Hare, D M Jones, Wasim Hanif, Debbie Hicks, M Evans, R David Leslie, SC Bain & AH Barnett. The new NICE guidelines for type 2 diabetes-a critical analysis. **BJDVD March 2015**

Muhammad Ali Karamat, Umar Raja, Susan Manley, Alan Jones, Wasim Hanif , Abd A Tahrani Prevalence of Type 2 diabetes in patients admitted with acute coronary syndrome: **The utility of easily reproducible non-invasive screening methods. Accepted Awaiting Publication BMC Endocrine Disorders 2017**

K. Khunti, S. Bellary, M.A. Karamat, K. Patel, V. Patel, A. Jones, J. Gray, P. Shepherd, W. Hanif on behalf of the South Asian Health Foundation. Representation of people of South Asian origin in cardiovascular outcome trials of glucose-lowering therapies in Type 2 diabetes. **Diabetic Medicine 2015**

Wasim Hanif, David Goldsmith, Ravi Jandhyala **The class divide:** When to switch from an SGLT2 inhibitor to a DPP-4 inhibitor in patients with type 2 diabetes and declining renal function. **International Journal of Clinical Practice 2015**

Wasim Hanif, Kamlesh Khunti, Srikanth Bellary, Harni Bharaj, M A Karamat, Vinod Patel, Kiran Patel on Behalf of South Asian Health Foundation Diabetes Working Group. Type 2 Diabetes in UK South Asian Population: An update from South Asian Health Foundation 2014. **Diabetes Digest 2014**

Umar Y Raja, Alison E Eastaugh, Mohammed S Younas and Wasim Hanif. Longstanding Insulin Dependent Diabetics may not require Insulin after introduction of GLP-1 analogue. **Journal Royal Society of Medicine 2015**

Laura J Gray, Jolyon Dales, Emer M Brady, Kamlesh Khunti, Wasim Hanif, Melanie J Davies. The safety and effectiveness of non-insulin glucose lowering agents in the treatment of people with Type 2 Diabetes who observe Ramadan: A systematic review and meta-analysis. **Diabetes Obesity & Metabolism 2015** Volume 17, Issue 7, July 2015, Pages: 639–648

Brady EM, Davie MJ, Saeed MA, Smith D, Hanif W, Khunti K. A Randomised Control Trial Comparing the GLP-1 receptor analogue Liraglutide to a Sulphonylurea as add on to Metformin in Patients with Established Type 2 Diabetes during Ramadan: The Treat 4 Ramadan Trial. **Diabetes, Obesity & Metabolism 2014 /dom.12249/9**

Wasim Hanif, Mohamed Hassanain, Ali Kamal, Parnia Geransar, Chris Andrews, Mohamed Azam and Anthony Barnett. Improved treatment adherence with Vildagliptin than Sulphonylureas as add-on to Metformin in Muslim Patients with type 2 diabetes mellitus fasting during Ramadan. *Current Medical Research and Opinion. Curr Med Res Opin. 2013 Jul; 29(7):807-11.*

Barnett AH, Bryce R, Hanif W, James J, Langerman H. Hypoglycemia Review-Increasing Awareness of Hypoglycemia in Type 2 Diabetes. **CMRO 2013**

Zana Ameen, Vinod Patel, Wasim Hanif, Mini Mangat, Sudhesh Kumar. South Asian Specialist Input clinics for South Asian patients with diabetes outcome study. 2013 Under Preparation

Muhammad A Karamat, Ateeq Syed & Wasim Hanif Review of Diabetes Management and Guidelines during Ramadan. *Journal of Royal Society of Medicine. J R Soc Med 2010, 103: 139-147.*

Wasim Hanif, Mohamed Hassnain, Waqar Malik, Ali Kamal, A H Barnett Comparison of Dipeptidyl peptidase 4 inhibitor Vildagliptin and the sulphonylurea Gliclazide in combination with Metformin in Muslim patients with type 2 diabetes fasting during month of Ramadan: results of the VECTOR study. **CMRO 2011: 27 no 7, 1367-1374.**

Wasim Hanif, Ali Kamal, Waqar Malik, Anthony H Barnett How to support a patient with type 2 diabetes who is determined to undertake a period of religious fasting. **Diabetes Management 2011: 1 (5): 467-469.**

Kumar S, Hanif W, Zaman J, Sattar N, Patel K, et al. Lower thresholds for diagnosis and management of obesity in British South Asians. **Int J Clin Pract 2011: 65(4): 375-85.**

Srikanth Bellary, J.P. O'Hare, Neil T Raymond, Shanaz Mughal, Wasim M Hanif, Alan Jones, Sudesh Kumar & Anthony H Barnett on behalf of UKADS Group. Premature Cardiovascular events in South Asians with type 2 diabetes in the United Kingdom Asian Diabetes Study-effect of ethnicity on risk. **CMRO 2010; 26:1873-79.**

Elaine Hui, Vassiliki Bravis, Mohamed Hassanein, Wasim Hanif, Rayaz Malik. Tahseen Chowdury, Mohamed Suliman, and Devasenan Devendra. Managing the diabetic patient during Ramadan. **BMJ 2010, 340:1407-1411.**

Hanif W, Patel V, and Kumar S. Treatment and Care of People with Diabetes. **Diabetes UK Publication ISBN 978-1-899288-88-5. 2009 pages 70-75.**

Hanif W and Karamat MA. Cultural Aspect in Diabetes. **Diabetes UK Publication ISBN 978-1-899288-88-5. 2009 Pages 27-35.**

Hanif MW, Al-Daghri NM, Chetty R, Barnett AH, Kumar S. Relationship of serum adiponectin and resistin to glucose intolerance and fat topography in South-Asian. **Cardiovascular Diabetology 2006, 5:10 (2 May 2006)**

Hanif, MW. Tica V. Andersson A. Valsamakis G. Barnett AH. Kumar S. Sanjeevi CB. Frequency of latent autoimmune diabetes in adults in Asian patients diagnosed as type 2 diabetes in Birmingham, United Kingdom. **Annals of the New York Academy of Sciences. 1005:356-8, 2003 Nov.**

Hanif MW, Valsamakis G, Dixon A, Boutsiadis A, Jones AF, Barnett AH, Kumar S. Detection of glucose intolerance and undiagnosed type 2 diabetes in UK South-Asians: an effective screening strategy. **Diabetes Obesity & Metabolism 10: 755-762, 2008**

Dixon AN, Valsamakis G, Hanif MW, Boutsiadis A, Harte A, McTernan PG, Barnett AH, Kumar S. Effect of orlistat on serum endotoxin lipopolysaccharide and adipocytokines in South-

Asian individuals with impaired glucose tolerance. *Int J Clin Practice*. July 2008; 62 (7): 1124-1129

Bellary S, J Po'Hare et al on behalf of UKADS Study Group. Enhanced diabetes care to patients of South-Asian ethnic origin (United Kingdom Asian Diabetes Study): a cluster randomised controlled trial. *Lancet* May 2008; 371: 1769-1776.

Fisher M, Trujillo ME, Hanif W, Barnett AH, McTernan PG, Scherer PE and Kumar S. Serum high molecular weight complex of adiponectin correlates better with glucose tolerance than total serum adiponectin in Indo-Asian males. *Diabetologia* 2005; 48(6):1084-1087.

O'Hare JP, Raymond NT, Mughal S, Dodd L, Hanif W, Ahmad Y, et al. Evaluation of delivery of enhanced diabetes care to patients of South Asian ethnicity: the United Kingdom Asian Diabetes Study (UKADS). *Diabet Med* 2004;21(12):1357-65.

Hanif W Editorial on Fasting and Feasting in South Asians. *Geriatric Medicine* 2006: 36(9) 2

Davies M, Durrington P, Hanif W, Morrell J, Mughal S, Mehrali T, Barnett AH and Shepherd J, Lipid treatment strategies for metabolic syndrome in established cardiovascular disease: a consensus guideline. *Practical Diabetes International* 2006; 23(2): 78-85

Hanif MW. Diabetes in South- Asians Editorial: National Library for NHS as part of **National Knowledge for Diabetes**. 2007

Hanif MW. Obesity in South- Asians Editorial: National Library for NHS as part of **National Knowledge for Diabetes**. 2008

Hanif MW, Mughal S, Valsamakis G, Jones AF, Raymond NT, O'Hare JP, Asians: Effects Barnett AH, Dixon AN, Bellary S, Hanif MW, O'Hare J P, Raymond NT, et al. Type 2 diabetes and cardiovascular risk in the UK south Asian community. *Diabetologia* 2006; 49(10):2234-46.

Valsamakis G, McTernan PG, Chetty R, Al Daghri N, Field A, Hanif W*, Barnett AH, Kumar S*. Modest weight loss and reduction in waist circumference after medical treatment are associated with favourable changes in serum adipocytokines. *Metabolism* 2004; 53(4):430-4

Hanif W. Preventing type 2 diabetes: Have we the evidence? Editorial. *Modern Diabetes Management* 2002;3 (4): 1

Hanif MW, Kumar S. Pharmacological management of obesity. *Expert opinion of Pharmacotherapy* 2002;3(12): 1711-18

Hanif MW, Kumar S. How important is post-prandial hyperglycaemia? *Cardiabetes* 2002; 2 (2): 18-22.

Hanif MW, Kumar S. Nateglinide a new rapid acting insulinotropic agent. *Expert opinion of Pharmacotherapy* 2001;2(6): 1027-1031

J Holway, JZ Mahmood, EE Austin, K Sundar, T Daniels, S Ghosh and W Hanif. An audit of emergency admissions with diabetes in Birmingham P389 *Diabetic Medicine* 34 (Suppl S1) 36-194

K Niranthrakumar, BH Wills, T Marshall, B Kumrendran, S Ghosh, P Narendaran, GN Thomas, S Ponnuswamy, W Hanif, KA Toulis, K Cheng and K Gokhale. Glucagon-like peptide 1 agonists and death from any cause in primary care setting P 417 *Diabetic Medicine* 34 (Suppl S1) 36-194

KA Toulis, BH Willis, T Marshall, S Ghosh, K Gokhale, P narendran, GN Thomas, KK Cheng, W Hanif, K Niranthrakumar and B Kumarendran Sodium Glucose cotransporter 2 inhibitors and detach from any cause in a real world setting **P419 Diabetic Medicine 34 (Suppl S1) 36-194**

A Agha and W Hanif Just gonna stand there and watch me burn: a survey of burnout among West Midlands diabetes and endocrinology registrars **P449 Diabetic Medicine 34 (Suppl S1) 36-194**

Melanie J Davies, Emer M Brady, Laura, J Gray, Mujahid Saeed, Wasim Hanif, Kamlesh Khunti. Treat 4 Ramadan: A Randomised Control trial Comparing Liraglutide vs a Sulphonylurea as Add-on to Metformin in Patients with established Type 2 Diabetes. **Diabetes, June 2013, Vol 62 Suppl 1. A661**

Higenbottam C, Verma M, Butt K, Collins D, Williams L, Hanif MW. A retrospective audit of the NICE UK guidelines on initiation, continuation and effectiveness of liraglutide in type 2 diabetes patients in South Birmingham. **Diabetic Medicine, Dec 2011 Vol 28, Suppl 1.**

Saraf S, Lad K, Pettitt S, Vollands C, Ghosh S, Webber J, Gough S, Hanif W. An audit of outcomes from Diabetes Intermediary Clinics in South Birmingham PCT. **Diabetic Medicine, Dec March 2010, Vol 27, Suppl 1.**

MA Karamat, D Mistry, S Mir, Hanif MW. Patient Knowledge Survey among patients with Type 2 diabetes: difference between Caucasians and South Asians. **Diabetic Medicine, March 2009 Vol 26, supp 1.**

U Y Raja, C Vollands, D Collins, S Khan, W Hanif and S Gough. An audit on efficacy of GLP 1 agonist with insulin in community setting. **7th National conference Primary Care Diabetes Society, Birmingham, 2011.**

Hanif MW, Raymond N, Jones A, Mughal S, Kumar S and Barnett AH. Current Coronary heart disease risk engines under-estimate risk in UK South-Asians. **Diabetic Medicine 2006; 23(suppl 4): 353.**

Collings F, Betnall A, Kulambilpadinjakara RN, Hall A, Ghosh S, Hanif MW and Gough SC. Impact of estimated glomerular filtration rate on metformin use in diabetes. **Diabetic Medicine 2007: 24 (suppl 1): 113.**

Waqar Malik, Wasim Hanif, Mohamed Hassanein, Ali Kamal, Parnia Geransar, Nicola Lester, Chris Andrews and Anthony Barnett. Vildagliptin treatment resulted in no hypoglycemia in Muslim patients with type 2 diabetes during Ramadan. **7th National conference Primary Care Diabetes Society, Birmingham, 2011.**

Wasim Hanif, Waqar Malik, Mohamed Hassanein, Ali Kamal, Parnia Geransar, Nicola Lester, Chris Andrews and Anthony Barnett. Fewer Missed doses with Vildagliptin than a Sulphonylurea as add-on to Metformin among UK Muslims with Type 2 diabetes fasting during Ramadan. **7th National conference of Primary Care Diabetes Society, Birmingham, 2011.**

W. Hanif, W. Malik, M. Hassanein, A. Kamal, P. Gernasar, N. Lister, C. Andrews and A.H. Barnett. Better adherence with Vildagliptin add-on to Metformin among Muslim patients with type 2 diabetes mellitus fasting during Ramadan. **Poster 839, presented at 47th European Association of Study of Diabetes Conference, Lisbon 2011.**

M. Hassanein, W. Malik, W. Hanif, A. Kamal, P. Geransar, N. Lister, C. Andrews and A. Barnett. Fewer missed doses with Vildagliptin than a Sulphonylurea as add-on to Metformin among UK Muslims with Type 2 diabetes fasting during Ramadan. **Poster 1319, presented at World Diabetes Congress, Dubai, 2011.**

W. Malik, M. Hassanein, W. Hanif, A. Kamal, P. Geransar, N. Lister, C. Andrews and A. Barnett. Vildagliptin treatment resulted in no Hypoglycemia in Muslim patients with type 2 diabetes in Ramadan. **American Diabetes Association 71st Session San Diego, June 2011, Diabetes Care, 2011.**

Dixon AN, Bellary S, Rahim A, Hanif W, Baker AR, Creely S, McTernan PG, Barnett AH and Kumar S. In South-Asians with impaired glucose tolerance sub-clinical inflammation is reduced and adiponectin levels are increased by weight loss with orlistat. **Diabetic Medicine 2006; 23 (suppl 2): 45.**

Hanif MW, Valsamakis G, Dixon A, Jones AF, Barnett A and Kumar S. An effective community based screening programme for diagnosing diabetes and impaired glucose tolerance in UK South-Asians. **Diabetic Medicine 2006; 23(suppl 4): 386**

Hanif MW, Al-Daghri N, Chetty R, Mcternan P and Kumar S. The serum Adiponectin: resistin and relation to glucose intolerance and fat topography in UK South-Asians. **Diabetic Medicine 2006; 23(suppl 4):478**

Hanif MW, Valsamakis G, Jones AF, Barnett AH and Kumar S. A highly efficient strategy for detection of impaired glucose tolerance and diabetes in British Indo Asians. **Diabetes 2003 A 22.**

Valsamakis G, Chetty R, Anwar A, McTernan PG, Hanif W, Banerjee A, Barnett AH, Kumar S. Association of simple anthropometric measures of obesity with MRI-assessed visceral fat and the metabolic syndrome. **IDF Paris 24-29 August 2003**

Valsmakis G, McTernan P, Chetty R, Hanif W and Kumar S. Modest weight loss with sibutramine is associated with rise of adiponectin and decrease of resistin and CRP. **Poster P3-456 presented at American Endocrine Society meeting in Philadelphia between 19-22 June 2003**

Hanif W, Valsamakias G, Barnett AH, Kumar S. Comparing WHO and ADA criteria for diagnosing pre diabetes and diabetes in British Indo-Asians. **Diabetic Medicine 2003; 20(S2) 66. Poster 123 at Annual Professional conference of Diabetes UK held at Glasgow 19-21 March 2003.**

O'Hare JP, Raymond NT, Mughal S, Dodd L, Kumar S, Jones A, Hillhouse EW, Hanif W and Barentt AH. Blood pressure and cholesterol outcomes improved but not HbA1c: United Kingdom Asian Diabetes study (UKADS) results after 1 year. **Diabetic Medicine 2003; 20 (S2) 99.**

Raymond NT, O'Hare JP, Mughal S, Dodd L, Kumar S, Jones A, Hillhouse E, Hanif W, Barnett AH. Microalbuminuria and blood pressure: early results from United Kingdom Asian Diabetes Study. **Diabetologia 2002; 45 (Sup 2): A-362.**

Hanif MW, Kumar S, O'Hare P, Jones AF, Mughal S, Dodd L, Hillhouse E, Barnett AH. Obesity is highly prevalent in Indo-Asian type 2 diabetics and increases risk of metabolic syndrome. **Diabetic Medicine 2002; 19 (supp 2): 33. Poster 24 at Annual Professional conference of Diabetes UK held at Birmingham 13-15 March 2002.**

Hanif MW, Jones AF, Kumar S, O'Hare P, Mughal S, Dodd L, Hillhouse E, Barnett AH. Ethnic differences in risk factor for coronary heart disease in type 2 diabetes. **Diabetic Medicine 2002; 19 (supp 2): 33-34. Poster 25 at Annual Professional conference of Diabetes UK held at Birmingham 13-15 March 2002.**

Hanif MW, A Suliman, A O Keefe, T Smith, T. Fiad & T J Mckenna. Low and standard dose ACTH and metyrapone tests in the assessment of hypothalamic – pituitary – adrenal axis. **Journal of Endocrinology 2000; 164: 277.**

Grants:

Total Grant as Principal and Co-investigator 4,245,000 (Four Million Three Hundred and Forty Thousand)

Investigator Initiated Clinical Study 2017

Title of Project:

THIN data analysis of Diabetes in South Asians

Lead Applicant and Chief Investigator.

Amount £95,000/

Investigator Initiated Clinical Study 2016

Title of Project:

A Randomised Controlled Trial for People with Established Type 2 Diabetes during Ramadan: Canagliflozin vs. standard dual therapy regimen: The 'Can Do Ramadan' Study

Lead Applicant and Chief Investigator.

Amount £250,000/

Eli Lilly Educational Grant 2015

Title of Project: Diabetes Voices and experiences in South Asian Community.

Lead Applicant and Chief Investigator.

Amount £40,000/

NHS Innovation Grant for SASI Project 2014

Title of Project: South Asian Specialist Input for improving Diabetes care.

Co-Applicant and Principal Investigator.

Amount £125,000/

Novo Nordisk/University Hospital Birmingham Flagship agreement and Research Grant 2012

Title of Project: Secured and signed this prestigious grant and partnership for research infrastructure and chronic disease centre project.

Lead Applicant and Chief Investigator.

Amount: £ 250,000/

Treat 4 Ramadan Study investigator initiated Trial Grant 2011.

Title of Project: Treat 4 Ramadan study a joint collaboration between University Hospital Birmingham and University Hospital Leicester for managing patients during fasting in Ramadan.

Investigator initiated trial Chief and Principal investigator.

Amount: £ 210,000/

University Hospital Birmingham Charities Fund Grant 2011.

Title of Project: Assessment of diabetes in post MI patients.

Lead Applicant and Chief Investigator.

Amount £ 20,000/

South Asian Community Health Education Programme Grant Novo Nordisk 2011.

Title of Project: A community based education programme and validation in South Asian community.

Lead Applicant and Chief Investigator.

Amount: £30,000/

India/UK/Norway/Australia/Canada Prevent India Research Grant 2011.

Title of project: An international joint collaboration for the prevention of diabetes and cardiovascular disease in IT professionals in Hyderabad, India. This pilot project secured funding

from IT industry and will lead to various grant application projects as a part of WHO/NCD prevention initiative.

Co-Applicant and Principal Investigator.

Amount: £30,000/

Research Grant from Novartis for Ramadan Study 2010.

Title of Project: Comparison of Dipeptidyl peptidase 4 inhibitor Vildagliptin and the sulphonylurea Gliclazide in combination with Metformin in Muslim patients with type 2 diabetes fasting during month of Ramadan: the VECTOR study.

Lead Applicant and Chief Investigator.

Amount: £50,000/

SIEF Grant for Social Enterprise 2010.

Title of Project: Apnee Sehat Social Enterprise.

Co-Applicant and Principal Investigator.

Amount: £150,000/

NIHR Research Grant UK 2009.

Title of Project: "An inner-city screening programme for Type 2 diabetes (ANSER-IT)" CLARHC Study.

Co-Applicant.

Amount: £ 2 Million.

Research Grant Novartis UK 2009.

Title of Project: To produce DVD for education and accreditation of patients and health care professionals on management of diabetes during Ramadan.

Lead Applicant and Principal Investigator.

Amount: £ 50,000/

Research Grant Pfizer UK 2008.

Title of project: To produce DVD for educating South-Asians on Diabetes.

Lead Applicant:

Amount £ 40,000/

Research Grant from Sanofi-Aventis UK 2008.

Title of project: National Educational Programme for Health Care Professionals in Management of Diabetes in South-Asians.

Lead Applicant and Principal Investigator.

Amount: £ 30,000/

Research Grant Diabetes UK 2007.

Title of project: Un-met research needs in the UK.

Co-Applicant

Amount: £ 20,000/

Lilly Diabetes Research Grant for 2002-2003.

Title of Project: Novel adipocyte derived cytokines as risk factors for type 2 diabetes and cardiovascular disease in Indo-Asians with glucose intolerance. **Lead Applicant and Principal Investigator.**

Amount: £ 15,000/

United Kingdom Asian Diabetes Study 2000 to present.

Title of Project: UKADS is a multi-interventional trial and the largest study of its kind looking at various aspects of diabetes management and intervention in UK South Asian community. I was instrumental in setting up this study and still involved in its study group.

Lead/Co-Applicant and Principal Investigator. Funding for this project has come from various sources mainly Pharmaceutical industry.

Amount: £ 1 Million

Referees:

Professor Kamlesh Khunti

Professor of Primary Care Diabetes & Vascular Medicine
College of Medicine, Biological Sciences and Psychology
Diabetes Research Unit, Leicester Diabetes Centre - Air
Leicester General Hospital, Leicester LE5 4PW
Tel: 0116 258 4005 | Fax: 0116 258 4499
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Professor S. Kumar

Dean of Warwick Medical School
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